

Fine Motor



Activities for Developing FINE MOTOR Skills

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Clay or Play Dough Letters

Objective:

Students use clay or play dough to form letters.

Materials:

Clay or Play Dough

Play Dough ABC Book

Play Dough D'Nealian Outline Letter Sheets

When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).

In First Grade, this activity is used as needed.

How to Introduce:

- Distribute one letter card to each student.
- Distribute one lump of clay or play dough to each student.
- Model how to mold/form/shape the clay to create a letter.
- Model how to clean the clay from the letter template.
- Model how to put the clay back into its container.
- Model how to put the letter template back into the 3-ring binder.
- Allow student time to work.
- Switch every few minutes so that students can experience different letter cards.



Geoboard Letters

Objective:

Students use rubber bands and geoboards to form letters.

Materials:

Rubber Bands

Geoboards

Letter Cards

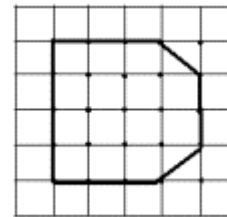
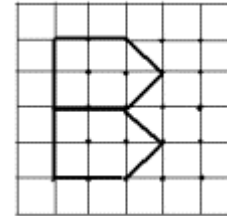
When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).

In First Grade, this activity is used as needed.

How to Introduce:

- Distribute one letter card to each student.
- Distribute several rubber bands to each student.
- Model how to use the rubber bands to create a letter.
- Model how to remove the rubber bands from the geoboard.
- Model how to return materials to their container.
- Allow student time to work.
- Switch every few minutes so that students can experience different letter cards.



Lace it Up!

Objective:

Students lace shapes.

Materials:

Lacing Sets

Lauri Lacing Shapes by Lauri

When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).
In First Grade, this activity is used as needed.

How to Introduce:

- I distribute the lacing activities to various tables.
- I then have students select a table and work with the materials.
- After a few minutes we switch tables (clockwise/counterclockwise).

Differentiating:

Have students sequence the three little pigs story and retell it after lacing the shapes (I inherited my set of 3 pig storytelling lacing cards...can't seem to find them online).



Trace It!

Objective:

Students trace shapes and create faces or designs.

Materials:

Tracing Shapes

When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).
In First Grade, this activity is used as needed.

How to Introduce:

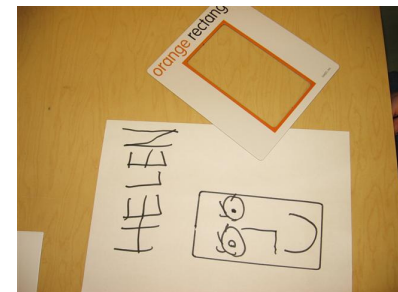
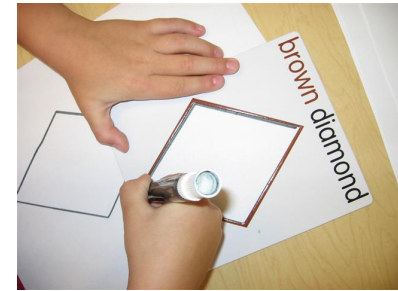
- I distribute the tracing materials to various tables.
- I then have students select a table and work with the materials.
- After a few minutes we switch tables (clockwise/counterclockwise).

Differentiating:

Have students create funny, creative faces after tracing the shapes.

Have students create a design using the tracing shapes.

Have students create an environment for the dinosaurs after tracing dinosaur shapes



Nuts and Bolts

Objective:

Students twist and turn nuts and bolts to put together and take apart.

Materials:

Nuts

Bolts

When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).
In First Grade, this activity is used as needed.

How to Introduce:

- Place a nut and a bolt at each student's desk.
- Have them practice putting them together and taking them apart.
- Have students switch spots to try their neighbor's nut and bolt.
- Ask students to bring their nut and bolt to the group meeting area.
- Have them place their nut and bolt into the storage container.



Perforated Fun

Objective:

Students create perforated patterns using templates and a push pin.

Materials:

Fine Motor Made Easy by THE K CREW (<http://www.thekcrew.net/finemotor.html>)

Push Pin

Cardboard

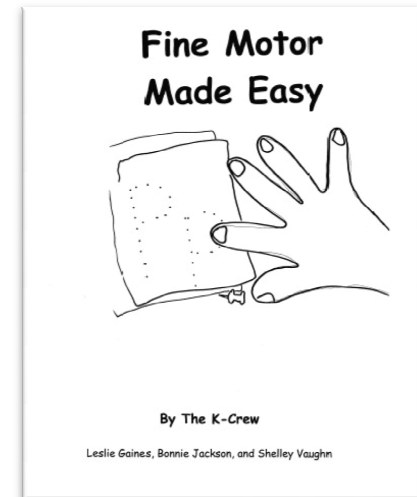
When to Introduce:

I introduce this activity the first or second month of school (Kindergarten).

In First Grade, this activity is used as needed.

How to Introduce: [jmeacham.com](http://www.jmeacham.com)

- Put pushpins, cardboard, and dotted pictures/designs/letters/words at each table.
- Assign students a table to work at.
- Demonstrate how to use the materials safely and correctly.
- Model how to return materials to their correct storage spots.



Traceable Art

Objective:

Students trace simple line art drawings to create art, while strengthening fine motor skills.

Materials:

Traceable Art by THE K CREW (<http://www.thekcrew.net/finemotor.html>)

Crayons or Markers

White Copy Paper or Tracing Paper

When to Introduce:

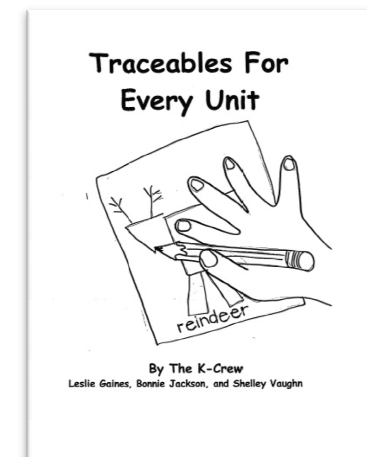
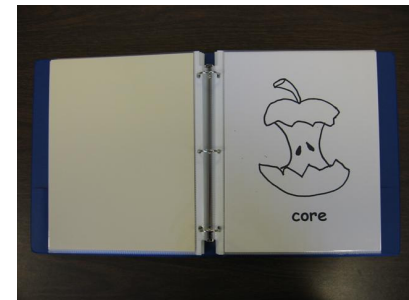
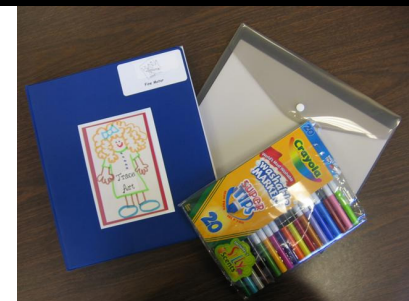
I introduce this activity Second Semester in Kindergarten, but as soon as possible in 1st Grade.

How to Introduce:

- Distribute the one picture from the 3-ring binder to each student.
- Have students use crayons/markers from their personal supplies, but be sure to show them that you have some in the center for when they visit it.
- Demonstrate how to use binder clips to secure the copy/tracing paper over the picture.
- Demonstrate how to a picture to create a traced art picture.
- Allow students time to trace their picture
- Allow time for students to share their traced art picture with classmates.
- Discuss center rules/expectations.

Differentiating:

Have students write a simple story for their art picture.



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Scribble Art

Objective:

Students follow simple 1, 2, 3, directions to create art, while strengthening fine motor skills.

Materials:

Scribble Art by THE K CREW (<http://www.thekcrew.net/finemotor.html>)

Crayons or Markers

White Copy Paper or Tracing Paper

When to Introduce:

I introduce this activity Second Semester in Kindergarten, but as soon as possible in 1st Grade.

How to Introduce:

- Distribute the one picture from the 3-ring binder to each student.
- Have students use crayons/markers from their personal supplies, but be sure to show them that you have some in the center for when they visit it.
- Demonstrate how to follow the simple 3-step directions to create a scribble art picture.
- Allow students time to create their scribble art picture.
- Allow time for students to share their picture with classmates.
- Discuss center rules/expectations.

Differentiating:

Have students write a simple story for their art picture.

