

Domain-Specific Impulsivity Scale for Children (DSIS-C)

*Directions for taking the **self-report** version of the Domain-Specific Impulsivity Scale for Children (DSIS-C): Here are a number of statements that may or may not apply to you. For the most accurate score, when responding, think of how you compare to most people -- not just the people you know well, but most people in the world. There are no right or wrong answers, so just answer honestly! For the following statements, please indicate how often you did the following during the past school year:*

1. I forgot something I needed for class.
 - ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
2. I interrupted other students while they were talking.
 - ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
3. I said something rude.
 - ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
4. I couldn't find something because my desk, locker, or bedroom was messy.
 - ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
5. I lost my temper at home or at school.
 - ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
6. I did not remember what my teacher told me to do.
 - ☐ Almost never
 - ☐ About once a month

- ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
7. My mind wandered when I should have been listening.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
8. I talked back to my teacher or parent when I was upset.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
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*Directions for taking the **teacher-report** version of the Domain-Specific Impulsivity Scale for Children (DSIS-C): For the following questions, please indicate how often this student did the following during the past school year:*

1. This student forgot something he or she needed for class.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
2. This student interrupted other students while they were talking.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
3. This student said something rude.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
4. This student couldn't find something needed for class (e.g. pencil, notebook, assignment etc).
- ☐ Almost never
 - ☐ About once a month

- ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
5. This student lost his/her temper.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
6. This student did not remember what his/her teacher told him or her to do.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
7. This student's stopped listening because his/her mind was wandering.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
8. This student talked back when he/she was upset.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
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*Directions for taking the **parent-report** version of the Domain-Specific Impulsivity Scale for Children (DSIS-C): For the following questions, please indicate how often your child did the following during the past school year:*

1. My child left something he/she needed for school at home.
- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
2. My child interrupted other people while they were talking.
- ☐ Almost never
 - ☐ About once a month

- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

3. My child said something rude.

- ☐ Almost never
- ☐ About once a month
- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

4. My child couldn't find something because his/her bedroom was messy.

- ☐ Almost never
- ☐ About once a month
- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

5. My child lost his/her temper.

- ☐ Almost never
- ☐ About once a month
- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

6. My child did not remember what someone told him/her to do.

- ☐ Almost never
- ☐ About once a month
- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

7. My child stopped listening because his/her mind was wandering.

- ☐ Almost never
- ☐ About once a month
- ☐ About 2-3 times a month
- ☐ About once a week
- ☐ At least once a day

8. My child talked back when he/she was upset.

- ☐ Almost never
 - ☐ About once a month
 - ☐ About 2-3 times a month
 - ☐ About once a week
 - ☐ At least once a day
-

Scoring:

1. Assign the following points:
 - 1 = Almost never
 - 2 = About once a month
 - 3 = About 2-3 times a month
 - 4 = About once a week
 - 5 = At least once a day
2. Schoolwork impulsivity is calculated as the mean of items 1, 4, 6 and 7.
3. Interpersonal impulsivity is calculated as the mean of items 2, 3, 5 and 8.
4. Impulsivity is as calculated as the mean of all items.

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